A Note from the Director

This program was conceived in response to the realization that families in our community of Princeton might benefit from some Helping Hands, a local Family Care Program. As a parent, teacher and neighbor I have experienced and observed the daily grind of getting out of work, picking up the children from child care, stressing over helping them with homework and wondering how & what I will put on the table for supper.

In the current new normal, this program is designed to give us a chance to safely connect and engage in community. To catch our breath, share our challenges, and draw on the strength and wisdom of others.

Trusting others to care for your children is a big decision. We pledge to take every precaution to be sure that your children receive the best care and supervision. COVID protocols will be followed and masks will be worn by all program participants & staff. UCC SafeConduct TM procedures will be followed and volunteers will be screened and CORI checked. A dedicated email & cell phone number is provided to insure timely communication.

Helping hands is here for any family with children in grades K-6 at Thomas Prince School. Registration is on a first come, first serve basis and space is limited. We do ask that you sign up for the full 8 week introductory program. The only cost is the suggested weekly donation of $20 per family for the meal.

Still have questions? Email: helpinghands@firstchurchprinceton.org or call the Helping Hands cell phone: (508) 210-6915. The registration form link is on the church website: firstchurchprinceton.org

Rachel Kopec, Program Director
TENSION-FREE TUESDAYS

Helping hands and helping hearts make the world a little bit brighter and the load a little bit lighter. Let us help you lighten your load one day a week.

SCHEDULE

- **3pm**: Children arrive. Wash hands. Sit down for snack.
- **3:30 - 4pm**: Check-in and game time.
- **4 - 5pm**: Homework, reading & community building.
- **5 - 5:30pm**: Parents arrive & visit while children help set up for the family meal.
- **5:30 - 6pm**: Family meal time. Leftovers will be sent home for an additional meal!

AFTER-SCHOOL DROP-OFF

Children will be dropped off via a bus from Thomas Prince School. Younger children will be accompanied by a “bus buddy.”

Upon arrival at the church, children will wash their hands and sit down for a healthy snack.

HOMEWORK HELP AND PLAY

Adults and older children will be on hand to help with homework. Or kids can choose to socialize with other children and staff (we like to call them “God” parents) and engage in free play. There may even be surprise guests some days.

All staff will be CORI checked.

FAMILY DINNER

Stay for a kid-friendly dinner! Children will learn life skills as they help with setting up tables, chairs, and serving the food with adult supervision. We'll clean up so you can leave by 6pm.

*First Church has a ServSafe kitchen.*